

PSY - PSYCHOLOGY

PSY 101 **3 credit hours (lecture: 3 | lab: 0)**

Introduction to Psychology

Course introduces the study of mental processes and behavior, with emphasis on the scientific nature of contemporary psychological investigation. Topics may include the biology of behavior, sensation and perception, learning, memory, cognition, motivation, emotion, life-span development of behavior, personality, abnormal behavior and its therapies, social behavior and individual differences.

IAI General Education: S6 900

Instruction Type: In-Person | Online | Hybrid

Term Typically Offered: Fall | Spring | Summer

PSY 107 **3 credit hours (lecture: 3 | lab: 0)**

Applied Psychology: The Psychology of Personal Growth

Course increases awareness of values, emotions, and other motivational factors that affect an individual's growth. Content includes learning theory, personal behavior, human relationships, personal growth in a culturally diverse society; opportunity for group experience to examine similarities and differences between self and others in diverse society.

Instruction Type: In-Person | Online | Hybrid

Term Typically Offered: Fall | Spring

PSY 110 **3 credit hours (lecture: 3 | lab: 0)**

Multicultural Psychology

Course is designed for students to explore multiculturalism from a psychological perspective. Focus is on the ways in which culture has shaped understanding of psychological theory, research and practice. Cultural variations in psychological functioning will be studied with regard to motivation, emotion, perception, development and mental process. These multicultural perspectives also shape values, norms, and worldview. Topics include cultural oppression and group subjugation, along with methods aimed at equity and equality.

Instruction Type: In-Person | Online

Term Typically Offered: Fall | Spring

PSY 112 **3 credit hours (lecture: 3 | lab: 0)**

Health Psychology

Course explores the psychological influences on people's ability to achieve wellness as well as the psychological factors that contribute to illness and disease. The course examines topics in light of contemporary research and theory on the interactions between biological health, behavior, and cognitive processes. Biopsychosocial factors related to interventions that help people stay healthy and/or recover from illness are also explored. Attention is devoted to the impact of positive lifestyle change on wellness to achieve an optimum state of health.

Instruction Type: In-Person | Online

Term Typically Offered: Fall | Spring | Summer

PSY 120 **3 credit hours (lecture: 3 | lab: 0)**

Human Development

Course introduces the study of human development. Content includes neurobiological, physical, cognitive, social and emotional development of humans from conception through childhood, adolescence, adulthood and old age including end of life issues. Emphasizes normal developmental stages and patterns of adjustment to differing life-time demands. The theories and principles of human development are examined in light of contemporary research.

IAI General Education: S6 902

Instruction Type: In-Person | Online | Hybrid

Term Typically Offered: Fall | Spring | Summer

PSY 122

3 credit hours (lecture: 3 | lab: 0)

Human Sexuality

Course explores, from an interdisciplinary perspective, biological, psychological and sociocultural aspects of human sexuality. Content includes sexual identity, gender identity, sexual orientation, and effects of genetic, cultural and environmental influences on human relationships and behavior.

IAI General Education: S9 903

Instruction Type: In-Person | Online

Term Typically Offered: Fall | Spring | Summer

PSY 125

3 credit hours (lecture: 3 | lab: 0)

Understanding Diversity

Course examines the role that diversity and oppression play in our lives, in our communities and in society at large. Diversity issues in relation to culture, race, ethnicity, socioeconomic status, language background, sexuality, gender and disability will be addressed. The course will examine prejudices, personal biases, and stereotypes, and is designed to promote advocacy and the creation of a just society.

Recommended: PSY 107 or PSY 110.

Instruction Type: In-Person | Online

PSY 130

3 credit hours (lecture: 3 | lab: 0)

Introduction to Human Services

Course introduces field of human services and human services theory. Content includes human problems in aging, child abuse, drug abuse, delinquency, mental retardation, criminal behavior, health, poverty, education and employment, and the organizations and agencies designed to alleviate such problems. Review of several intervention strategies also included.

Recommended: PSY 101.

Instruction Type: In-Person | Online

PSY 201

3 credit hours (lecture: 3 | lab: 0)

Educational Psychology

Course focuses on application of psychological principles to educational practice. Content includes exploration of children's and adolescent's cognitive, socio-emotional, and linguistic development, learning processes, and motivation. Students will examine learner-centered instruction, culturally responsive teaching, and assessment strategies that acknowledge learner differences and student diversity. Students will investigate the role of teacher as advocate and identify ways in which schooling might be structured to build equity and social justice. Twelve hours in local, K-12 school settings are required.

Instruction Type: In-Person | Online | Hybrid

Term Typically Offered: Fall | Spring | Summer

PSY 202

3 credit hours (lecture: 3 | lab: 0)

Social Psychology

Course focuses on scientific study of individual behavior as affected by presence of others. Content includes interpersonal attraction, aggression, prejudice, attributions, persuasion, attitudes, social influence, norms, and conformity.

Recommended: PSY 101.

IAI General Education: S8 900

IAI Major: PSY 908

Instruction Type: In-Person | Online | Hybrid

Term Typically Offered: Fall | Spring | Summer

<p>PSY 203 3 credit hours (lecture: 3 lab: 0) Psychology of Abnormal Behavior Course explores how biological, psychosocial, and sociocultural influences on an individual produce and maintain various psychological disorders. Content includes preventive measures and therapeutic strategies; dysfunction assessment, categorization of abnormal behavior, and research methodology. Prerequisite: PSY 101. IAI Major: PSY 905 <i>Instruction Type: In-Person Online</i> <i>Term Typically Offered: Fall Spring Summer</i></p>	<p>PSY 208 3 credit hours (lecture: 3 lab: 0) Biopsychology Course focuses in how the brain mediates behavior, emotion and cognition. It includes the study of sensory systems, neural development, emotion, learning, memory, consciousness, reproduction, and neurological and psychological disorders. Prerequisite: PSY 101 <i>Instruction Type: In-Person Online</i> <i>Term Typically Offered: Spring Summer</i></p>
<p>PSY 204 3 credit hours (lecture: 3 lab: 0) Adolescent Psychology Course introduces the development of adolescents, with emphasis on physical and physiological changes and social and cognitive development. Topics may include: the role of play; sociocultural influences; stresses associated with adolescence; changing relationships with family, friends and the opposite sex; identity development; sexuality; drug use; suicide; and delinquency. IAI General Education: S6 904 <i>Instruction Type: In-Person Online</i> <i>Term Typically Offered: Fall Spring Summer</i></p>	<p>PSY 211 3 credit hours (lecture: 3 lab: 0) Child Psychology Course examines the development of the child from birth through adolescence. Content includes theory and research on the biological, physical, social and cognitive development of the human child from conception to adolescence. Topics may include genetic factors, prenatal development, sensory and perceptual changes, motor system development, language acquisition, social learning, cultural influences and aspects of abnormal development. Prerequisite: PSY 101 IAI General Education: S6 903 <i>Instruction Type: In-Person Online</i> <i>Term Typically Offered: Fall Spring Summer</i></p>
<p>PSY 205 3 credit hours (lecture: 3 lab: 0) Adult Psychology Course introduces the changes that occur from early adulthood through old age. Topics may include: career choice and development; mate selection and marriage; conventional and nonconventional families; theories of adult personality development; mid- and late-life transitions; aging; and dying, death and bereavement. Prerequisite: PSY 101 IAI General Education: S6 905 <i>Instruction Type: In-Person Online</i> <i>Term Typically Offered: Fall Spring Summer</i></p>	<p>PSY 221 3 credit hours (lecture: 3 lab: 0) Industrial and Organizational Psychology Course offers systematic study of industrial psychology. Content includes application of psychological methods/principles, integration of theory and empirical research in business and industry related to managing and working in diverse organizational environments. Focus is on practices in personnel selection, placement, training, performance appraisal; job analysis, design, satisfaction, and motivation; labor relations, leadership, decision making, and organization development; research methodology. Prerequisite: PSY 101. <i>Instruction Type: In-Person Online</i> <i>Term Typically Offered: Fall Spring Summer</i></p>
<p>PSY 206 3 credit hours (lecture: 3 lab: 0) Theories Of Personality Course surveys the five major theoretical perspectives of personality development. Content includes psychodynamic, humanistic-existential, dispositional, biological-evolutionary, and learning (social)-cognitive approaches to personality. Prerequisite: PSY 101. <i>Instruction Type: In-Person Online</i> <i>Term Typically Offered: Fall Spring Summer</i></p>	<p>PSY 230 4 credit hours (lecture: 2 lab: 15) Behavioral Sciences Practicum I Course provides planned and supervised field experience in human services environment. Minimum 250 (two-hundred-fifty) hours in a supervised field experience, content includes identification of practicum objectives for student, in consultation with the site supervisor and faculty supervisor. Focus is on supervised practical work experience to develop an understanding of the helping process and the role of the helping professional. Prerequisite: HSV 110, HSV 121, PSY 107, PSY 130, PSY 235 and PSY 238 with a grade of "C" or better; or consent of HSV department chair. <i>Instruction Type: In-Person Online</i> Fee: \$65 <i>Term Typically Offered: Fall Spring</i></p>
<p>PSY 207 3 credit hours (lecture: 3 lab: 0) Psychology of Women and Gender Course provides an overview of research and theory of women and gender in psychology. It reviews and critically analyzes psychological theory and research concerning how psychologists understand gender and discuss contemporary issues that shape gendered experiences. It will explore how gender differences manifest themselves in all aspects of gendered lives, including human development, love and dating relationships, sex, marriage, the media, work, violence, and mental health. This course will be taught from an intersectional and multicultural perspective. <i>Instruction Type: In-Person Online Hybrid</i> <i>Term Typically Offered: Spring Summer</i></p>	<p>PSY 231 4 credit hours (lecture: 2 lab: 15) Behavioral Sciences Practicum II Course continues PSY 230. Provides planned and supervised field experience in human services environment. Content includes identification of practicum objectives for student, in consultation with the site supervisor and faculty supervisor. Focus is on additional supervised practical work experience to deepen understanding of helping process and role of the helping professional. Prerequisite: PSY 230. <i>Instruction Type: In-Person</i> Fee: \$65</p>

PSY 234 **3 credit hours (lecture: 3 | lab: 0)**

Family Systems and the Addictive Process

Course explores various family systems theories. Content includes patterns of communication, roles adopted by family members, and development of identity and self-esteem in the family. Focus is on relationship of dysfunctional family systems to addictive process, and methods of helping families move to healthier level of functioning.

Instruction Type: In-Person | Online

Term Typically Offered: Fall | Spring

PSY 235 **3 credit hours (lecture: 3 | lab: 0)**

Psychology of Group Behavior

Course studies human behavior in group situations. Content includes structure and interaction of groups, makeup of successful groups, leadership qualities, conformity, deviance, and group pressures. Current group counseling research reviewed; specific simulations of actual group sessions to illustrate effective group counseling approaches.

Prerequisite: HSV 110.

Recommended: PSY 107.

Instruction Type: In-Person | Online | Hybrid

Term Typically Offered: Fall | Spring

PSY 236 **3 credit hours (lecture: 3 | lab: 0)**

Crisis Intervention and Trauma Treatment

Course studies crisis counseling theories, assessments, evidence-based models, interventions, resources, and standards. The content addresses core elements for responding to severe mental illness, substance use overdose, disasters, and pandemics. Trauma Informed Care (TIC) approaches, resilience, and recovery models are examined through application, case studies, and exercises. The course will explore how crisis intervention is offered in marginalized communities, culturally sensitive and gender responsive approaches, partnerships with substance abuse treatment centers, law enforcement, first responders, faith-based leaders, and peer support.

Recommended: HSV 110 and PSY 238.

Instruction Type: In-Person | Online

Term Typically Offered: Fall | Spring

PSY 237 **3 credit hours (lecture: 3 | lab: 0)**

Psychopharmacology

Course studies behavioral and cognitive effects of psychoactive drugs, including both illicit and illicit drugs, and use of drugs in treating psychological disorders. Content includes both psychology and physiology of addictions; information on drug use, misuse, abuse, and addiction; socially abused chemicals and historical background, pharmacology, psychological and physiological effects, medical uses, dependence patterns and toxicity.

Prerequisite: HSV 122, PSY 101, or PSY 238 or concurrent enrollment.

Instruction Type: In-Person | Online

Term Typically Offered: Fall | Spring

PSY 238 **3 credit hours (lecture: 3 | lab: 0)**

Substance Use and Related Disorders

Course examines historical, societal, psychological, behavioral and familial perspectives of substance use and co-occurring disorders. Content includes current theories on substance use and related disorders; the etiology and assessment of substance use and trauma related disorders; characteristics of addicted behavior; impact of alcohol and other drug use on family and society; substance use relative to special populations; historical and current treatment and the recovery process; practical knowledge of applicable state and federal laws, rules and regulations, and code of ethics.

Recommended: PSY 101

Instruction Type: In-Person | Online | Hybrid

Term Typically Offered: Fall | Spring | Summer

PSY 239 **1 credit hours (lecture: 1 | lab: 0)**

Mental Health First Aid

For a number of reasons, individuals experiencing mental illness and substance use disorders more often interact with the criminal justice system than the general population does. Thus, the better prepared officers and staff are to respond effectively and appropriately, the more likely the interaction will be a positive one. The Mental Health First Aid for Law Enforcement, Corrections, and Public Safety course builds upon the effectiveness of the standard Mental Health First Aid curriculum by focusing on the unique experiences and needs of law enforcement, corrections, and public safety audiences.

Recommended: PSY 237 and PSY 238.

Instruction Type: In-Person | Online

PSY 240 **3 credit hours (lecture: 3 | lab: 0)**

Introduction To Social Research

Course introduces the basics of research in social sciences. Content includes overview of the scientific method, research designs, methodology, simple statistical analysis of data, and interpretation of empirical social data. Students design, conduct, and interpret a short survey. In addition, this course introduces students to the basics of research in social sciences including: ethics; generating hypotheses; experimental and non-experimental research designs, measurement of and operational definitions for research variables; selection and assignment of participants; threats to reliability and validity; between and within subject designs; single case and factorial designs; and introduction to interpreting statistical results. Credit toward graduation cannot be received for both PSY 240 and SSC 240.

Prerequisite: Introductory course in any of the social sciences.

Instruction Type: In-Person | Online

Term Typically Offered: Fall | Spring | Summer

PSY 290 **1-4 credit hours (lecture: 1-4 | lab: 0-4)**

Topics In Psychology

Course surveys major issues relating to field of psychology. Topics selected from subspecialties: biological bases of behavior; sensation and perception; emotion, consciousness, learning, memory, developmental psychology, personality, psychological disorders, therapeutic methods, and social interaction. Focus and/or scope differ from other psychology courses currently offered. Course may be taken for credit up to four times on different topics. Prerequisite may vary by topic.

Instruction Type: In-Person