

ECS - ELDER CARE SUPPORT

ECS 101

The World of the Elder

1 credit hours (lecture: 1 | lab: 0)

The first of three courses required for a Person-Centered Elder Support certificate, which is designed to prepare the student for a caregiver role with elders. Content will focus on educational concepts and practices for the care and safety of elders experiencing normal aging. Sensory, physical and psychosocial changes of aging, normal aging, myths of aging, and culture change will be discussed.

Delivery mode: Online

Fee: \$40

ECS 102

Person-Centered Communication

1 credit hours (lecture: 1 | lab: 0)

Course will focus on effective person-centered communication techniques to promote quality relationships between caregivers and elders. Content focuses on promoting holistic approaches and respect for the individual, and emphasizes adaptive services as the elder experiences changes in his or her health or abilities. This approach empowers both caregiver and elder by offering positive, well-defined strategies to enhance the elder's quality of life.

Recommended: ECS 101

Delivery mode: Online

ECS 103

Dementia Care of the Elder

1 credit hours (lecture: 1 | lab: 0)

Course focuses on educational concepts and practices for the care and safety of elders experiencing dementia. Topics include signs, symptoms, and causes of dementia, as well as caregiver strategies for persons with dementia. Alzheimer's disease will be studied, including stages, symptom progression, and behaviors. Focus will be on understanding the disease and meeting the persons needs using person-centered concepts, techniques, and strategies. Caregiver support and community resources will be explored.

Recommended: ECS 101

Delivery mode: Online