

COL - COLLEGE STUDIES

COL 101 **1 credit hours (lecture: 1 | lab: 0)**

College Success Seminar

Course provides an introduction to the college setting and develops the competencies necessary to be a successful college student. Students learn strategies for success like goal setting, time management, test taking, self-assessment as a learner, and critical thinking. Students may only receive credit for COL 101, COL 108 or COL 110.

Recommended: Successful completion of any required developmental course in reading and/or writing (courses below EGL 101), and enrollment during a student's first 15 credit hours at Oakton.

Delivery mode: Face-to-Face | Online

COL 108 **3 credit hours (lecture: 3 | lab: 0)**

The College Experience

Course develops the competencies that are necessary to be a successful college student. It is highly interactive and aligned with individual student goals. Students learn strategies for success like test taking, critical thinking, self-assessment, communication skills, and overall study skills by applying them in concurrent courses and other learning contexts. Students may only receive credit for COL 101, COL 108 or COL 110.

Prerequisite: Concurrent enrollment in another 100-level or above Oakton course.

Recommended: Enrollment during a student's first 15 credit hours at Oakton and successful completion of any required developmental course in reading and/or writing (courses below EGL 100).

Delivery mode: Face-to-Face | Online