

# COL - COLLEGE STUDIES

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**COL 101** **1 credit hours (lecture: 1 | lab: 0)**

## **College Success Seminar**

Course provides an introduction to the college setting and develops the competencies necessary to be a successful college student. Students learn strategies for success like goal setting, time management, test taking, self-assessment as a learner, and critical thinking. Students may only receive credit for COL 101 or COL 108.

**Recommended:** Successful completion of any required developmental course in reading and/or writing (courses below EGL 101), and enrollment during a student's first 15 credit hours at Oakton.

*Delivery mode: Face-to-Face | Online*

**COL 108** **3 credit hours (lecture: 3 | lab: 0)**

## **The College Experience**

Course develops the competencies that are necessary to be a successful college student. It is highly interactive and aligned with individual student goals. Students learn strategies for success like test taking, critical thinking, self-assessment, communication skills, and overall study skills by applying them in concurrent courses and other learning contexts. Students may only receive credit for COL 101 or COL 108.

**Prerequisite:** Concurrent enrollment in another 100-level or above Oakton course.

**Recommended:** Enrollment during a student's first 15 credit hours at Oakton and successful completion of any required developmental course in reading and/or writing (courses below EGL 101).

*Delivery mode: Face-to-Face | Online*