

# HUMAN SERVICES A.A.S.

60 Semester Credit Hours; Curriculum: 0207

**Note:** Refer to IAI General Education Courses page for guidelines on General Education course selection.

Code	Title	Hours
<b>General Education Requirements</b>		
<i>Area A — Communications</i>		
EGL 101	Composition I	3
Select one course from the following:		3
EGL 102	Composition II	
EGL 111	Introduction to Business and Technical Writing	
EGL 212	Technical Writing Applications	
SPE 103	Effective Speech	
<i>Area B — Mathematics</i>		
Select one course from Area B (Mathematics) or Area C (Science)		0-3
<i>Area C — Science</i>		
Select one course from Area B (Mathematics) or Area C (Science)		0-3
<i>Area D — Social and Behavioral Sciences</i> (PSY 101 or SOC 101 recommended)		
		3
<i>Area E — Humanities/Fine Arts</i>		
Select one course from a humanities or fine arts discipline		3
<i>Area F — Global Studies</i> <sup>1</sup>		
Select one course that satisfies Global Studies requirement		0-3
ANT 102	Introduction to Social and Cultural Anthropology	
<i>Area G — U.S. Diversity Studies</i> <sup>2</sup>		
Select one course that satisfies U.S. Diversity Requirement		0-3
Other General Education credits: Select additional credits from Areas B, C, D, E, F or G if needed to meet 18-credit-hour minimum		0-3
<b>Total Hours</b>		<b>18</b>

<sup>1</sup> Students may take a Global Studies course that satisfies both Area F and another Area requirement.

<sup>2</sup> Students may take a U.S. Diversity course that satisfies both Area G and another Area requirement.

Code	Title	Hours
<b>Major Requirements</b>		
HSV 110	Counseling/Interviewing	3
HSV 121	Assessment, Treatment Planning, and Addiction Strategies	3
HSV 210	Counseling/Interviewing II	3
PSY 107	Applied Psychology: The Psychology of Personal Growth	3
PSY 120	Human Development	3
PSY 130	Introduction to Human Services	3
PSY 203	Psychology of Abnormal Behavior	3
PSY 230	Behavioral Sciences Practicum I	4
PSY 231	Behavioral Sciences Practicum II	4
PSY 235	Psychology of Group Behavior	3
PSY 236	Crisis Intervention and Trauma Treatment	3
PSY 238	Substance Use and Related Disorders	3

Electives: Select two courses from PSY, SOC, HSV or other course that is approved by the department chair	6
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<b>Total Hours</b>	<b>42</b>
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## Program Learning Outcomes

1. Demonstrate personal growth in self and others by practicing positive living, optimism, self-examination and willingness to change.
2. Identify the wide variety of problems presented by individuals and groups in contemporary society.
3. Explain the interrelated effects of addictions, poverty, mental and physical illness, and homelessness on family dynamics and intimate relationships in an integrated approach to addressing issues of family and intimate partner violence, child abuse and neglect.
4. Apply techniques as a member of a team in providing services, designing programs, and working collaboratively among agencies and organizations for the benefit of clients and the community.
5. Employ best practices in pursuing continuing education, lifelong learning and proactive self care.
6. Demonstrate clinical skills of screening, assessment, treatment planning, termination and referral, including documentation and record management.
7. Explain the principles and processes of human physical, mental, emotional, spiritual and social development, including basic abnormal psychology and effects of substance use on growth and development.
8. Integrate knowledge of cultural diversity and responsive approaches when providing counseling to individuals, groups, and families.
9. Through mastery of all required human services program and general education courses, be qualified to obtain an entry level position in a residential day programs, shelters, geriatric centers, and respite care.
10. Upon completion of the A.A.S. degree in human services and providing documentation of all required observation hours and practical experience, graduates will be eligible to work in a human services setting.

## Human Services A.A.S. Pathway

The following Pathway is recommended for students pursuing an Associate in Applied Science degree in Human Services.

For more information or program specific advising contact the Department Chair. **General Education courses should be selected from the list of IAI General Education Courses.**

Course	Title	Hours
<b>First Year</b>		
<b>Semester One</b>		
EGL 101	Composition I	3
Select one of the following:		3-4
MAT 125	General Education Mathematics	
MAT 131	Elementary Statistics	
BIO 101	Introduction to Life Science	
BIO 104	Human Genetics	
Select one of the following:		3
PSY 101	Introduction to Psychology	
SOC 101	Introduction to Sociology	
SSC 105	Introduction to Ethnic Studies <sup>1</sup>	
Select one of the following:		3
ART 113	Art History: Modern Art (Twentieth Century)	
HUM 122	Contemporary Culture and the Arts	
PHL 106	Ethics	
MUS 236	Music Literature and History	

Select one of the following:		3
HUM 140	Introduction to Women's and Gender Studies <sup>1</sup>	
HUM 141	Introduction to LGBTQ Studies <sup>1</sup>	
<b>Hours</b>		<b>15-16</b>
<b>Semester Two</b>		
PSY 107	Applied Psychology: The Psychology of Personal Growth	3
PSY 120	Human Development	3
EGL 102 or SPE 103	Composition II or Effective Speech	3
Select one of the following:		3
ANT 102	Introduction to Social and Cultural Anthropology <sup>2</sup>	
GEG 122	Cultural Geography <sup>2</sup>	
PSC 202	International Relations <sup>2</sup>	
SSC 201	Introduction to Global Studies <sup>2</sup>	
<b>Hours</b>		<b>12</b>
<b>Second Year</b>		
<b>Semester One</b>		
HSV 110	Counseling/Interviewing	3
HSV 121	Assessment, Treatment Planning, and Addiction Strategies	3
PSY 130	Introduction to Human Services	3
PSY 203	Psychology of Abnormal Behavior	3
PSY 235	Psychology of Group Behavior	3
<b>Hours</b>		<b>15</b>
<b>Semester Two</b>		
HSV 210	Counseling/Interviewing II	3
PSY 236	Crisis Intervention and Trauma Treatment	3
PSY 238	Substance Use and Related Disorders	3
Select two of the following:		6
ECE 180	The Exceptional Child	
LAE 101	Introduction to Criminal Justice	
LAE 245	Juvenile Delinquency	
PSY 204	Adolescent Psychology	
PSY 205	Adult Psychology	
PSY 211	Child Psychology	
PSY 234	Family Systems and the Addictive Process	
PSY 237	Psychopharmacology	
SOC 103	Social Problems <sup>3</sup>	
SOC 104	Sociology of Marriage and Family <sup>1</sup>	
SOC 210	Death and Dying	
SOC 230	Sociology of Sex and Gender <sup>1</sup>	
SOC 234	Sociology of Violence	
<b>Hours</b>		<b>15</b>
<b>Semester Three</b>		
PSY 230	Behavioral Sciences Practicum I	4
<b>Hours</b>		<b>4</b>
<b>Total Hours</b>		<b>61-62</b>

<sup>1</sup> Course fulfills the U.S. Diversity Requirement. At least one U.S. Diversity course is required for degree completion.

<sup>2</sup> Course fulfills the Global Studies Requirement. At least one Global Studies course is required for degree completion.

<sup>3</sup> Course fulfills both the Global Studies and U.S. Diversity Requirements.

**Note:** Pathway is a recommended sequence of courses. Part-time students should contact the department chair to discuss a part-time pathway as well as course prerequisites and recommendations.